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Differences in plasma carboxylesterase activity: relevance to anticholinesterase sensitivity

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Russell and Overstreet [1] have discussed recently the mechanisms underlying sensitivity to the organophosphorus anticholinesterase agents. In the section on non-critical binding proteins, they pointed out that serum butyrylcholinesterase may be involved in the sex but not the

strain differences in anticholinesterase sensitivity [2–4]. Carboxylesterase has also been implicated as a protein to which anticholinesterases may bind, thereby reducing the amount available to bind acetylcholinesterase and produce physiological effects [5, 6]. The present study was a pre-

liminary investigation of the possible involvement of serum carboxylesterase activity in the sex and strain differences observed previously. It was hypothesized that female rats would have higher levels of carboxylesterase activity because they are resistant to organo-phosphates; conversely, the line of rat selectively bred to be more sensitive to anticholinesterases (Flinders Sensitive Line, FSL) was predicted to have lower carboxylesterase activity than the resistant line (Flinders Resistant Line, FRL).

Materials and Methods

Animals. Eight male and eight female rats of the 34th generation of the selectively bred FSL and FRL rats, which were derived originally from Sprague-Dawley albino rats, were used. They were approximately 60 days old at the time of blood collection; the males weighed approximately 300 g and the females 200 g.

Experimental protocols. Blood was withdrawn from the tail vein using a 19-gauge needle. Whole blood was transferred to microfuge tubes, which were centrifuged at 2000 g for 15 min. The serum was stored at 4° until assays were conducted 3–5 days later.

The assay of carboxylesterase activity was a titrimetric assay [5], using tributyrin as the substrate. The results are expressed as nanomoles tributyrin hydrolyzed per milliliter serum per minute.

Statistical analysis. Data were analyzed by a two-way analysis of variance (ANOVA), with sex and strain as the two main factors.

Results and Discussion

The males of the FSL and FRL strains had nearly identical carboxylesterase activities (Table 1); in contrast, the FRL females had higher levels than the FSL females. Statistical analysis failed to support the latter observation, as only the sex difference reached statistical significance: $F(1, 31) = 7.24$, $P < 0.001$. Neither the strain difference nor the sex by strain interaction effect was statistically significant ($P < 0.05$).

The above results for carboxylesterase activity are similar to data for butyrylcholinesterase [2–4]: female rats have higher levels than male rats, but there are no significant differences between the strains. Therefore, it is possible that binding to carboxylesterase could be a factor in the sex differences in anticholinesterase sensitivity, but it cannot be involved in the greater sensitivity of the FSL rats. As indicated in the recent review article [1], a greater number of acetylcholine muscarinic receptors is the most likely mechanism underlying the greater sensitivity of FSL rats to anticholinesterases and other cholinergic agonists.

The present finding of a sex difference in plasma carboxylesterase activity suggests that the earlier interpretation of the involvement of butyrylcholinesterase in anticholinesterase sensitivity [2, 4] may have been premature. We know that ovariectomy reduces serum butyrylcholinesterase activity, but we do not know whether this treatment also reduces carboxylesterase activity. Other work using selective inhibitors of the two enzymes concluded that butyrylcholinesterase is not very important in detoxifying anticholinesterases, whereas carboxylesterase is [7]. In any case, the present findings suggest that sex

Table 1. Carboxylesterase activity in male and female Flinders sensitive line (FSL) and Flinders resistant line (FRL) rats

Strain	Serum carboxylesterase activity (nmole/mL/min)	
	Males	Females
FSL	674 ± 59	722 ± 40
FRL	671 ± 39	900 ± 64

Analysis of these data by two-way ANOVA revealed a significant ($P < 0.001$) sex difference but no significant line or interaction effect. Values are means ± SE, $N = 8$ in each group.

differences in serum carboxylesterase activity could well contribute to the sex differences in anticholinesterase sensitivity.

In summary, female rats of both the FSL and FRL strains had higher serum carboxylesterase activities than their male counterparts, but there were no significant differences between the strains. Thus, differences in basal plasma carboxylesterase activity may contribute to the previously reported sex differences in anticholinesterase sensitivity, but not the strain differences.

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